



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
					1	September 2023 Waretown Older Adult Calendar of Activities
						Waretown Community Café - Congregate Meal Schedule
						Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
						Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov Website: www.twpoceannj.gov
					RSVP by 10am for MONDAYS Congregate meal	 Funded in part by a grant from the Ocean County Board of Commissioners
4	5	6	7	8		Congregate Meals served every Monday & Wednesday
	930am Jazzercise 11am Sit n Be Fit	11am Sit n Be Fit		9:30am Jazzercise		Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before
	12 BINGO & Pizza w Seaview Ortho	12pm Congregate Meal				FRIDAY for Monday / TUESDAY for Wednesday 12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted
	NO MEALS OR PROGRAMS TODAY	12 Lunch provided by Fulfill				
	12pm MahJong	1230 G.C. BINGO w/ HelpAlert				\$2 Donation suggested.
	10am Must let Jeanne know if you want a meal tomorrow	1pm Cards			RSVP by 10am for MONDAYS Congregate meal	RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
11	12	13	14	15		Fulfill of Monmouth Ocean Boxed Lunch served at 12pm You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted
	930am Jazzercise 11am Sit n Be Fit	11am Sit n Be Fit		9:30am Jazzercise		
	12 pm Congregate Meal \$2donation requested	12pm Congregate Meal \$2donation requested				RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	1230 GC BINGO with Beacon of Life	12pm MahJong	1230 G.C. BINGO HEALTH VILLAGE IMAGING/Briell Ortho		RSVP by 10am for MONDAYS Congregate meal	3rd Monday of each month Fulfill brings its MOBILE FOOD PANTRY to the center 12-1pm
	1pm DOMINOES / MEXICAN TRAIN	WELFARE - Disaster Preparedness for the Whole Community 1pm-2pm	1pm Cards			
	10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow				
18	19	20	21	22		SEPTMBER SPEAKER'S
	9:30am Jazzercise 11am Sit n Be Fit in Front Room	11am Sit n Be Fit		9:30am Jazzercise	BUS TRIP TO SEE: METS V PHILLIES \$81pp	9-18 SENIOR ADVISORY MEETING 10:30am BRAVEN HEALTH
	12pm Pizza & BINGO w/ Barnegat Rehab	12pm Congregate Meal				9-25 Jennifer Collins, Nutritionist (MOW) 1230pm
	12 pm Congregate Meal \$2donation requested	12 Lunch provided by Fulfill	12pm Congregate Meal \$2donation requested		For tickets call Jeanne at 609-548-6319	2nd Mon - Beacon of Life - PACE
	12pm MahJong	1230 G.C. BINGO SEACREST	1230 G.C. BINGO with Executive Care			2nd - Wed Brielle Ortho
	1pm DOMINOES / MEXICAN TRAIN	1pm Cards	1pm Cards			3rd - Wed Seacrest Village
	10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow				4th Wed - Executive Care
25	26	27	28	29		
	930am Jazzercise 11am Sit n Be Fit	11am Sit n Be Fit		9:30am Jazzercise		ATTENTION:
	12 BINGO & Pizza w Complete Care	12 pm Congregate Meal			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE	THERESA BROWN IS OUT UNTIL OCTOBER NO Zumba, Toning, Dance Party , Forever Young
	12 Lunch provided by Fulfill	12 pm Congregate Meal \$2donation requested			 It doesn't get more local	
	12pm MahJong	1230 GC BINGO with Executive Care			 Alliance to Prevent Alcoholism and Drug Abuse (www.preventalcoholism.com)	
	1pm DOMINOES / MEXICAN TRAIN	1pm Cards			Funded in part by a grant from OCADA	
	10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow				