


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
			1 8:30am Dance Party	2 RSVP by 10am for MONDAYS	3rd	SEPTEMBER 2022 Waretown Older Adult Calendar of Activities
			9:30am Jazzercise	Congregate meal	4th	Waretown Community Café - Congregate Meal Schedule
			9:30am Forever Young in Senior Rm			Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
						Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov Website: www.twpoceannj.gov
						 Funded in part by a grant from the Ocean County Board of Commissioners <small>CONGREGATE MEALS HELDEN EVERY MONDAY IN SEPTEMBER</small> Please arrive by 11:45pm
5	6 830 am Forever young 930am Jazzercise	7 8:15 am Zumba 11am Sit n Be Fit	8 8:30am Dance Party 9:30am Jazzercise	9 12 pm Pizza n Bingo with Tallwoods	10th 11th	
HOLIDAY - OFFICES CLOSED	11am Sit n Be Fit 11-1p Braven Health Screenings	12 Cards in front room	9:30am Forever Young in Senior Rm			You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday
	12 BINGO Pizza with Barnegat Rehab	12pm Congregate Meal & Pokeno				NO same day drop ins accepted
	12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	\$2donation requested	RSVP for tomorrows Pizza n Bingo			\$2 Donation suggested. RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
				RSVP by 10am for MONDAYS Congregate meal		
12 830am Zumba 915am Toning 11am Sit n Be Fit in Front Room	13 930am Jazzercise 11am Sit n Be Fit	14 8:15 am Zumba 11am Sit n Be Fit 12 Cards in front room	15 8:30am Dance Party 9:30am Jazzercise 9:30am Forever Young in Senior Rm	16	17th 18th	Fulfill of Monmouth Ocean Boxed Lunched served at 12pm You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted
1030 Senior Advisory Meeting Angela Adelinni D.O. RWJB is the speaker 12pm Congregate Meal	12pm Mahjong 12 Lunch provided by Fulfill	12pm Bingo / BUNCO				RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
\$2donation requested 10am Must let Jeanne know if you want a meal tomorrow	12 BINGO & Pizza w Complete Care	12pm Congregate Meal \$2donation requested				
	10am Must let Jeanne know if you want a meal tomorrow			RSVP by 10am for MONDAYS Congregate meal		
19 830am Zumba 915am Toning 11am Sit n Be Fit in Front Room	20 830 am Forever young 930am Jazzercise 11am Sit n Be Fit	21 8:15 am Zumba 11am Sit n Be Fit 12 Cards in front room	22 8:30am Dance Party 9:30am Jazzercise 9:30am Forever Young in Senior Rm	23	24th 25th	SEPTEMBER'S SPEAKER'S Sept 6 Braven Health Health Screenings 11am-1pm
BIRTHDAY CELEBRATIONS 12 pm Congregate Meal w/ BINGO \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow	12pm Lunch provided by Fulfill 12pm Pizza & BINGO w/ Hafetz and Associates 12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	12pm Congregate Meal w games \$2donation requested		RSVP by 10am for MONDAYS Congregate meal Email or Call Jeanne		Sept 12 Twp.of Ocean Senior Advisory Meeting Speaker Angela Adelinni D.O. RWJ Barnabus health 1030am
26 830am Zumba 915am Toning 11 am Sit n Be Fit	27 830 am Forever young 930am Jazzercise 11am Sit n Be Fit	28 8:15 am Zumba 11am Sit n Be Fit 12 Cards in front room	29 8:30am Dance Party 9:30am Jazzercise 9:30am Forever Young in Senior Rm	30th		12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's
12pm Congregate Meal w/ games \$2donation requested	12pm Lunch provided by Fulfill					
BINGO to follow lunch with	12pm Mahjong	12pm Congregate Meal w/ games \$2donation requested				TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE <small>it doesn't get more local</small>  <small>Alliance to Prevent Alcoholism and Drug Abuse creating healthy & safe communities</small> IDA
10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow					