



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
		1 830am Forever Young 930am Jazzercise 11am Sit n Be Fit	2 830am Zumba 11am Sit n Be Fit 12 Cards in front room	3 830am Dance Party 9:30am Jazzercise 9:30am Toning	4 RSVP by 10am for MONDAYS Congregate meal		NOVEMBER 2022 Waretown Older Adult Calendar of Activities Waretown Community Café - Congregate Meal Schedule Engel Sprague Senior Center - 239 11th St Waretown (GPS Barneget) Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov Website: www.twpoceanni.gov  Funded in part by a grant from the Ocean County Board of Commissioners
		12 BINGO Pizza with Complete Care 12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	12pm Congregate Meal \$2donation requested				
7	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 12 pm Congregate Meal	8 ELECTION DAY NO JAZZERICE NO FOREVER YOUNG 11am Sit n Be Fit 12 Lunch provided by Fulfill 1230 - Card Making	9 8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal	10 830am Dance Party 9:30am Jazzercise 9:30am Toning	11 VETERANS DAY HOLIDAY TOWNSHIP CLOSED	12	Congregate Meals served every Monday & Wednesday Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday NO same day drop ins accepted \$2 Donation suggested. RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
	1230 GAMES \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow	12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	1230pm BINGO with Help Alert \$2donation requested		RSVP by 10am for MONDAYS Congregate meal		Fulfill of Monmouth Ocean Boxed Lunched served at 12pm You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
14	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 1030 Senior Advisory Meeting RWJB - Dr. Gillespie 12pm Congregate Meal BIRTHDAY CELEBRATIONS \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow 12:30pm Hammer n Stain Art Class \$15	15 830 am Forever Young 930am Jazzercise 11am Sit n Be Fit 12pm Mahjong 12 Lunch provided by Fulfill 12 BINGO & Pizza w The Residence at Stafford 10am Must let Jeanne know if you want a meal tomorrow	16 8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal \$2donation requested 1230pm JENNIFER COLLINS EDUC PROGRAM	17 830am Dance Party 9:30am Jazzercise 9:30am Toning	18		RSVP by 10am for MONDAYS Congregate meal
21	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 12 pm Congregate Meal 1230pm BINGO CIDER & PIE with Seacrest Village \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow	22 830 am Forever young 930am Jazzercise 11am Sit n Be Fit 12pm Lunch provided by Fulfill 12pm Pizza & BINGO w/ Barneget Rehab 12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	23 8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal w games \$2donation requested 1PM EASLE ON DOWN ART CLASS	24	25		RSVP by 10am for MONDAYS Congregate meal Email or Call Jeanne
				HAPPY THANKSGIVING	TOWNSHIP CLOSED		NOVEMBER SPEAKER'S 12th RWJB - Dr. Gillespie MD Otolaryngology & Sue Ellen Boyer, Audiology 16th Nutritionist Jennifer Collins (M.O.W.)
28	830am Zumba 915am Toning 11 am Sit n Be Fit 12pm Congregate Meal w/ crafts \$2donation requested 1230 Shore to Age Well 10am Must let Jeanne know if you want a meal tomorrow	29 830 am Forever young 930am Jazzercise 11am Sit n Be Fit 12pm Lunch provided by Fulfill 12pm BINGO & Hot lunch with Tallwoods 12pm Mahjong 10am Must let Jeanne know if you want a meal tomorrow	30 8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal w games \$2donation requested				AS OF 10-24-22 TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE It doesn't get more local  Alliance to Prevent Alcoholism and Drug Abuse creating healthy & safe communities Funded in part by a grant from GCADA