

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
1	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 12 pm Congregate Meal 1230 Nutritionist Jennifer Collins (MOW) \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow 12:30pm LINE DANCING	830am Forever Young 930am Jazzercise 11am Sit n Be Fit 12 BINGO Pizza w/ SEAVIEW ORTHO 12 Lunch provided by Fulfill 12pm MahJong 10am Must let Jeanne know if you want a meal tomorrow	8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal 1230 G.C. BINGO w/ BRIELLE ORTHOPEDICS \$2donation requested	830am Dance Party 9:30am Jazzercise 9:30am FOREVER YOUNG 10am seminar - FRAUD PREVENTION by OCEAN TWP POLICE DETECTIVE BUREAU <i>(light refreshments will be served)</i>	5		May 2023 Waretown Older Adult Calendar of Activities Waretown Community Café - Congregate Meal Schedule Engel Sprague Senior Center - 239 11th St Waretown (GPS Barneget) Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov Website: www.twpoceannj.gov  Funded in part by a grant from the Ocean County Board of Commissioners
8	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 12 pm Congregate Meal 1230 GC BINGO with Beacon of Life 12:30pm LINE DANCING	830am Forever Young 930am Jazzercise 11am Sit n Be Fit 12 BINGO & Pizza w Complete Care 12 Lunch provided by Fulfill 12pm MahJong 10am Must let Jeanne know if you want a meal tomorrow	8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal \$2donation requested 1230 G.C. BINGO SEACREST	830am Dance Party 9:30am Jazzercise 9:30am FOREVER YOUNG	12		Congregate Meals served every Monday & Wednesday Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday 12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 Donation suggested. RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319 Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
15	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 1030 Senior Advisory Meeting Speaker: Linda Falb, Director of Senior Services St. Francis Community Center 12 pm Congregate Meal FULFILL - MOBILE FOOD PANTRY 12-1PM 12:30pm LINE DANCING	830 am Forever Young 930am Jazzercise 11am Sit n Be Fit 12pm MahJong 12 Lunch provided by Fulfill 12pm Pizza & BINGO w/ Barnegat Rehab 10am Must let Jeanne know if you want a meal tomorrow	8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal w games 1230 GC BINGO with Executive Care	830am Dance Party 9:30am Jazzercise 9:30am FOREVER YOUNG 10am OTPD CARFIT program	19		You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319 3rd Monday of each month Fulfill brings its' MOBILE FOOD PANTRY to the center 12-1pm
22	830am Zumba 915am Toning 11am Sit n Be Fit in Front Room 12 pm Congregate Meal \$2donation requested 10am Must let Jeanne know if you want a meal tomorrow	830 am Forever young 930am Jazzercise 11am Sit n Be Fit 12pm Lunch provided by Fulfill 12pm GC BINGO & LUNCH w/ TALLWOODS 12pm MahJong 10am Must let Jeanne know if you want a meal tomorrow	8:30 am Zumba 11am Sit n Be Fit 12 Cards in front room 12pm Congregate Meal w games 1230 GAMES \$2donation requested	9:30am Jazzercise All Theresa Brown's Classes are canceled for today NO Dance Party - or Forever Young	26		MAY'S SPEAKER'S 1st Monday of each Month - Jennifer Collins, Nutritionist (MOW) 1230pm 4th OTPD Detective Bureau - FRAUD PREVENTION 10am 15th - Linda Falb St Francis Center 1030am
29							SPENDING A SPRING DAY WITH SEACREST VILLAGE MAY 31 - RSVP REQUESTED SO THAT AN ACCURATE FOOD COUNT CAN BE ESTABLISHED THE DAY'S ITINERARY:
	TOWNSHIP CLOSED MEMORIAL DAY	830 am Forever young 930am Jazzercise 11am Sit n Be Fit 12pm Lunch provided by Fulfill 12pm GC BINGO & LUNCH w/BEACON of LIFE 12pm MahJong 10am Must let Jeanne know if you want a meal tomorrow	8:30 am Zumba 9A LIGHT BREAKFAST 930 LONELINESS TO LAUGHTER 1030 KIDNEY CARE 1130 LUNCH PROVIDED 1230 PLAY THE GAME SHOW THE PRICE IS RIGHT				9 - LIGHT BREAKFAST 930 LONELINESS TO LAUGHTER PRESENTATION 1030 KIDNEY CARE PRESENTATION 1130 LUNCH SERVED 1230 INTERACTIVE GAME - THE PRICE IS RIGHT