

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Announcements
REVISED 6-9-22		1 8:15 am Zumba 11am Sit n Be Fit	2 8:30am Dance Party 9:30am Jazzercise	3 RSVP by 10am for MONDAYS Congregate meal	4	5	JUNE 2022 Waretown Older Adult Calendar of Activities Waretown Community Café - Congregate Meal Schedule
	10am Must let Jeanne know if you are coming to meal for Wednesday	12pm Congregate Meal	9:30am Forever Young is Senior Rm 12 Pizza & Bingo with Compassionate Care				
6 ELECTION DAY SET-UP NO ZUMBA	7 ELECTION DAY NO JAZZERCISE	8 8:15 am Zumba 11am Sit n Be Fit	9 8:30am Dance Party 9:30am Jazzercise	10	11	12	Congregate Meals served every Monday & Wednesday Please arrive by 11:45pm
10am RWJ Speaker Advance Directives and POLST forms.	12 Lunch provided by Fulfill		9:30am Forever Young is Senior Rm				You must RSVP your intent to attend by 10am the day before
11am Sit n Be Fit front room	12 BINGO	12pm Bingo	11am Sit n Be Fit				FRIDAY for Monday / TUESDAY for Wednesday NO same day drop ins accepted
12pm Congregate Meal	12pm MahJong	12pm Congregate Meal					\$2 Donation suggested.
\$2donation requested		\$2donation requested					RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow			RSVP by 10am for MONDAYS Congregate meal			
13 830am Zumba	14 830 am Forever young	15 8:15 am Zumba	16 8:30am Dance Party	17	18	19	Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
915am Toning	930am Jazzercise	11am Sit n Be Fit	9:30am Jazzercise				You must RSVP your intent to attend by 10am on Monday
11am Sit n Be Fit in Front Room	11am Sit n Be Fit 12pm MahJong	12 Cards in front room	9:30am Forever Young is Senior Rm				NO same day meal drop ins accepted
1130 ENCOMPASS HEALTH Meditation & Yoga Speaker	12 Lunch provided by Fulfill	12pm Bingo / BUNCO					RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
12pm Congregate Meal	12 BINGO & Pizza w Complete Care	12pm Congregate Meal					
\$2donation requested	1pm Hammer & Stain Art	\$2donation requested					
10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow			RSVP by 10am for MONDAYS Congregate meal			
20 830am Zumba	21 830 am Forever young	22 8:15 am Zumba	23 8:30am Dance Party	24	25 Township of Ocean	26	JUNE'S SPEAKER's
915am Toning	930am Jazzercise	11am Sit n Be Fit	9:30am Jazzercise		Independence Day Celebration		6th -
11am Sit n Be Fit in Front Room	11am Sit n Be Fit	12pm Cards in front room	9:30am Forever Young is Senior Rm		10am at Corliss Park Lake		13th - Encompass Health Rehabilitation Hospital of Toms River
1130 SENIOR ADVISORY MEETING	12pm Lunch provided by Fulfill	12pm Congregate Meal BINGO / LRC			& Recreation Area		
12:30pm Congregate Meal & BIRTHDAY CELEBRATIONS	12pm BINGO wSeacrest	\$2donation requested		RSVP by 10am for MONDAYS Congregate meal			
\$2donation requested	12pm MahJong			Email or Call Jeanne			
10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow						
27 830am Zumba	28 830 am Forever young	29 8:15 am Zumba	30 8:30am Dance Party				SENIOR ADVISORY MEETING June 20th 11:30am
915am Toning	930am Jazzercise	11am Sit n Be Fit	9:30am Jazzercise				Ocean County Health Dept. Chronic Disease Screening & Dental Health Education Services
11 am Sit n Be Fit	11am Sit n Be Fit	12 pmCards in front room	9:30am Forever Young is Senior Rm				Speaker Meg McCarthy, Dietician, OCHD; Dental Coordinator & Linda Urena, Public Health Nurse Screening
12pm Congregate Meal	12pm Lunch provided by Fulfill	12pm Congregate Meal BINGO / GAMES					
\$2donation requested	12pm BINGO & Pizza with Barnegat Rehab	\$2donation requested					1230pm Luncheon - Don't forget to RSVP by 10am on Friday to attend the lunch
BINGO to follow lunch with Spring Oaks Assisted Living	12pm MahJong	BINGO to follow lunch					
		1pm Painting with Betty Pernal					
10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow						