	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	Announcements
			REVISED JULY					1	RSVP by 10am for MONDAYS	2		3		**JULY 2022 Waretown Older Adult Calendar of Activities**
									Congregate meal					**Waretown Community Café - Congregate Meal Schedule**
	These programs are													
	Funded in part by a grant from the Ocean County Board of Commissioners													
4	**Holiday Offices Closed**	5	830 am Forever young	6	8:15 am Zumba	7	8:30am Dance Party	8		9		10		**Congregate Meals served every Monday & Wednesday**
			930am Jazzercise		11am Sit n Be Fit		9:30am Jazzercise							Please arrive by 11:45pm
			11am Sit n Be Fit				9:30am Forever Young is Senior Rm							You must RSVP your intent to attend by 10am the day before
					12pm Bingo w Home Instead		11am Sit n Be Fit							**FRIDAY for Monday / TUESDAY for Wednesday**
			12 BINGO		**12pm Congregate Meal**									NO same day drop ins accepted
			12pm MahJong		**$2donation requested**									**$2 Donation suggested.**
	10am Must let Jeanne know if you want a meal tomorrow		**10am Must let Jeanne know if you want a meal tomorrow**						RSVP by 10am for MONDAYS					RSVP by Email recreation@twpoceannj.gov oe call Jeanne 609-548-6319
									Congregate meal					
11	830am Zumba	12	830 am Forever young	13	8:15 am Zumba	14	8:30am Dance Party	15		16		17		**Fulfill of Monmouth Ocean Boxed Lunched served at 12pm**
	915am Toning		930am Jazzercise		11am Sit n Be Fit		9:30am Jazzercise							You must RSVP your intent to attend by 10am on Monday
	11am Sit n Be Fit in Front Room		11am Sit n Be Fit		12 Cards in front room		9:30am Forever Young is Senior Rm							NO same day meal drop ins accepted
	10am RWJB Health Speaker		12pm MahJong											
			12 Lunch provided by Fulfill		**12pm Bingo / BUNCO**									RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	12pm Congregate Meal Swedish Meatballs		**12 BINGO & Pizza w Complete Care**		**12pm Congregate Meal - Meatloaf**									
	$2donation requested		**1pm Hammer & Stain Art**		**$2donation requested**									
	10am Must let Jeanne know if you want a meal tomorrow		**10am Must let Jeanne know if you want a meal tomorrow**						RSVP by 10am for MONDAYS					
									Congregate meal					
18	830am Zumba	19	830 am Forever young	20	8:15 am Zumba	21	8:30am Dance Party	22		23	Township of Ocean	24		**JULY'S SPEAKER'S**
	915am Toning		930am Jazzercise		11am Sit n Be Fit		9:30am Jazzercise				Independence Day Celebration			July 6 RWJ Barnabus health 10am
	11am Sit n Be Fit in Front Room		11am Sit n Be Fit		12pm Cards in front room		9:30am Forever Young is Senior Rm				10am at Corliss Park Lake			July 11 RWJ Barnabus health 10am
	11am Nutritionist Speaker		**12pm Lunch provided by Fulfill**		**12pm Congregate Meal Italian Sausage BINGO / LRC**						& Recreation Area			July 18 Jennifer Collins, Nutrtionist Meals on Wheels 11am
	12 pm Congregate Meal - Hamburger BIRTHDAY CELEBRATIONS		**12pm BINGO w Barnegat Rehab**		**$2donation requested**				**RSVP by 10am for MONDAYS**					
	$2donation requested		12pm MahJong						**Congregate meal**					
	10am Must let Jeanne know if you want a meal tomorrow		**10am Must let Jeanne know if you want a meal tomorrow**						**Email or Call Jeanne**					
25	830am Zumba	26	830 am Forever young	27	8:15 am Zumba	28	8:30am Dance Party	29		30	**FREE**	31		
	915am Toning		930am Jazzercise		11am Sit n Be Fit		9:30am Jazzercise				**Drive in Movie SHREK**			
	11 am Sit n Be Fit		11am Sit n Be Fit		12 pmCards in front room		9:30am Forever Young is Senior Rm				**8pm at the Priff Elementary School**			
	12pm Congregate Meal Grilled BBQ Chicken		**12pm Lunch provided by Fulfill**		**12pm Congregate Meal Stuffed Pappers BINGO / GAMES**									
	$2donation requested		**12pm BINGO & Pizza with Seacrest**		**$2donation requested**									**12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's**
	BINGO to follow lunch with		12pm MahJong		BINGO to follow lunch									
	Spring Oaks Assisted Living													
	10am Must let Jeanne know if you want a meal tomorrow		**10am Must let Jeanne know if you want a meal tomorrow**											