

September Activities

Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday, the meals must be eaten on site. \$2 donation requested

Wellness Speaker Programs / Activities offered after every meal

- Sept 3 Bingo & Pizza Seaview Ortho
- Sept 4 Waretown Library Learning Computers 9:30-10:30
- Sept 4 Nutritionist Jennifer Collins
- Sept 9 930am Weight Loss / Nutrition Support Group with Jennifer Collins
- Sept 9 Beacon of Life GC Bingo after meal (1st Mon)
- Sept 10 Bingo with Tallwoods (2nd Tues)
- Sept 11 Bingo with Health Village Imaging
- **Sept 16 Senior Advisory Meeting 10:30am Today's speaker is NJNG Energy Assistance Program**
- **Sept 16 OC Social Services 12pm**
- **Sept 16 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm**
- **Sept 16**
- Sept 17 Bingo with Barnegat Rehab (3rd Tues)
- Sept 18 Bingo with Seacrest Village (3rd Wed)
- Sept 23 Bingo with Right at Home
- Sept 24 Bingo with Seacrest Village (4th Tues)
- Sept 25 OCHD Emergency Preparedness
- Sept 30 Bingo with Bratton Law



Lunch & BINGO – 12pm TUESDAYS Fulfill of Monmouth & Ocean Counties

Fulfill provides box lunches eaten in or take home \$2 donation requested
Please **RSVP** your attendance 2 days prior to the program, so that enough food can be ordered

FULFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month 12-1pm. ******(Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12PM

To register for these programs Contact Jeanne Broadbent
609-548-6319(Cell) or email recreation@twpoceannj.gov