Monday	Tuesday	Wednesday		Thursday	Friday	Saturday/ Sunday	Announcements
2 LABOR DAY - OFFICES CLOSED	3 4		5	8:30am Dance Party	6		SEPT 2024 Waretown Older Adult Calendar of Activities
	930am Jazzercise			9:15am Bands Balls & Bells			
							Engel Sprague Senior Center - 239 11th St Waretown
	11am Functional Fitness	10:30am Art with MaryLu		9:30am Jazzercise			(GPS Barnegat)
	12pm Lunch & GC BINGO with Seaview Ortho	12pm Congregate Meal \$2donation 1215 Nutritionist Jenn Collins	_				Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov
	1pm MahJong	1pm Canasta					Website: www.twpoceannj.gov
		-					Funded in part by a grant from the Ocean County Board of Commissioners
9 830am Zumba 915am TONING	10 8:30am Amped Up Aerobics 11	815 Zumba	12	8:30am Dance Party	13		Congregate Meals served every Monday & Wednesday
930 Weight loss support group w/ Jennifer Collins	930am Jazzercise	9amToning		9:15am Bands Balls & Bells			Please arrive by 11:45pm
11am Functional Fitness	11am Functional Fitness	10:30am Art with MaryLu		9:30am Jazzercise			You must RSVP your intent to attend by 10am the day before
	12pm Lunch & GC BINGO with Tallwoods	12pm Congregate Meal \$2donation					THURSDAY for Monday / MONDAY for Wednesday
12 pm Congregate Meal \$2donation / followed by GC Bingo with Beacon of Life	12 Lunch provided by Fulfill	1215 GC Bingo Health Village Imaging					12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 donation suggested
1pm DOMINOES / MEXICAN TRAIN	12pm MahJong	1pm Canasta	-				RSVP by Email recreation@twpoceannj.gov
2-5pm INDOOR Cornhole			-				call Jeanne 609-548-6319
5pm All Levels Yoga 16 830am Zumba 915am TONING	17 8:30am Amped Up Aerobics 18	815 Zumba	10	8:30am Dance Party	20 1130 LINE DANCING		
SENIOR ADVISORY MEETING 1030am	930am Jazzercise	9amToning	19	9:15am Bands Balls & Bells	20 1130 LINE DANCING		
11am Functional Fitness	11am Functional Fitness	10:30am Art with MaryLu		9:30am Jazzercise			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE
	12pm GC BINGO & LUNCH	· · · · · · · · · · · · · · · · · · ·					it doesn't get more local
	w/BARNEGAT REHAB	12pm Congregate Meal \$2donation					
12 pm Congregate Meal \$2donation	12pm Lunch provided by Fulfill	12 GC Bingo with Seacrest Village					
12pm MOBILE FOOD PANTRY NOON 1pm DOMINOES / MEXICAN TRAIN	12pm MahJong	1pm Canasta					
OC Social Services Mobile Van 12-2pm							Alliance to Prevent Alcoholism and Drug Abuse creating healthy & safe communities
2-5pm INDOOR Cornhole							
5pm All Levels Yoga							
23 830am Zumba 915am TONING	24 8:30am Amped Up Aerobics 25	5 815 Zumba	26	8:30am Dance Party	27 1130 LINE DANCING		SEPT SPEAKER'S
NO LINE DANCING	NO JAZZERCISE	9amToning		9:15am Bands Balls & Bells			
11am Functional Fitness	11am Functional Fitness	11am Sit n Be Fit		9:30am Jazzercise			4TH - Nutrtionist 12:15pm
	12pm lunch & BINGO						
12 pm Congregate Meal \$2donation	w/ Seacrest Village	10:30am Art with MaryLu					9th Weight Loss Support Group 930am
12 GC BINGO with Right at Home	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation 1215 OCHD EMERGENCY PREPAREDNESS	;				16th SENIOR ADVISORY COMMITTEE 1030am - NJNG
1pm DOMINOES / MEXICAN TRAIN	12pm MahJong	Program					25th - OCHD Emergency Preparedness Program 12:15pm
							ATTENTION: THESE PROGRAMS ARE
2-5pm INDOOR Cornhole		1pm Canasta					SPONSORED IN PART BY GRANTS FROM
5pm All Levels Yoga							Eunded in part by a grant
							from the Ocean County
							Funded in part by a grant from the Ocean County Board of Commissioners
30 830am Zumba 915am TONING							
11am Functional Fitness			1				
11am Functional Fitness 12 pm Congregate Meal \$2donation			+			-	
12 GC BINGO with Bratton Law 1pm DOMINOES / MEXICAN TRAIN			-				
1pm DOMINOES / MEXICAN TRAIN 2-5pm INDOOR Cornhole			-				
5pm All Levels Yoga			+				
			1				