

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
	NO LINEDANCING THIS MONTH Classes will resume in September Theresa Brown will be on vacation August 19-September 4th						Aug. 2024 Waretown Older Adult Calendar of Activities
	NO ZUMBA - TONING- AMPED UP AEROBICS - DANCE PARTY OR BANDS BALLS & BELLS - AUGUST 19-SEPT. 4TH						Waretown Community Café - Congregate Meal Schedule
				1 8:30am Dance Party	2 NO LINE DANCING UNTIL SEPT 6		Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
				9:15am Bands Balls & Bells			Contact person: Jeanne Broadbent 609-548-6319 email recreation@twpoceannj.gov Website: www.twpoceannj.gov
				9:30am Jazzercise			
5	NO Zumba or Toning	6 8:30am Amped Up Aerobics	7 815 Zumba	8 8:30am Dance Party	9 NO LINE DANCING UNTIL SEPT 6		Congregate Meals served every Monday & Wednesday
	11am Functional Fitness	930am Jazzercise 11am Functional Fitness	9amToning 10:30am Art with MaryLu	9:15am Bands Balls & Bells 9:30am Jazzercise			Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday
	12 pm Congregate Meal \$2donation	12 Lunch provided by Fulfill	1215 GC Bingo BRATTON LAW				12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 donation suggested
	12 Beacon of Life GC Bingo	12pm MahJong	1pm Canasta				
	1pm DOMINOES / MEXICAN TRAIN 5pm All Levels Yoga		1pm Art with MaryLu				RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
12	830 Zumba 915 Toning	13 8:30am Amped Up Aerobics	14 815 Zumba	15 8:30am Dance Party	16 NO LINE DANCING UNTIL SEPT 6		Fulfill of Monmouth Ocean Boxed Lunched served at 12pm Every Tuesday
	11am Functional Fitness	930am Jazzercise 11am Functional Fitness	9amToning 10:30am Art with MaryLu	9:15am Bands Balls & Bells 9:30am Jazzercise			You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted
	1130 LINE DANCING	12pm GC BINGO & LUNCH w/ TALLWOODS	12pm Congregate Meal \$2donation				
	12 pm Congregate Meal \$2donation	12pm Lunch provided by Fulfill	1230 pm GC Bingo BRIELLE ORTHO				
	1215 Nutritionist Jenn Collins	12pm MahJong	1pm Canasta				
	1pm DOMINOES / MEXICAN TRAIN 2-5pm INDOOR Cornhole		1pm Art with MaryLu				RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	5pm All Levels Yoga						
19	NO Zumba or Toning	20 NO Amped Up Aerobics	21 NO Zumba or Toning	22 NO Dance Party	23 NO LINE DANCING UNTIL SEPT 6		AUGUST SPEAKER'S
	11am Functional Fitness	9:30am Jazzercise 11am Functional Fitness	11am Sit n Be Fit	NO Bands Balls & Bells 9:30am Jazzercise			12TH - Nutrtrionist 12:15pm
		12pm Pizza & BINGO w/ Barnegat Rehab	10:30am Art with MaryLu				28TH - OCHD Diabetes Program 12:15pm
	12 pm Congregate Meal \$2donation	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation				
	12pm MOBILE FOOD PANTRY NOON	12pm MahJong	12 GC Bingo with Seacrest Village			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE	
	OC Social Services Mobile Van 12-2pm		1pm Canasta				ATTENTION: THESE PROGRAMS ARE SPONSORED IN PART BY GRANTS FROM
	1pm DOMINOES / MEXICAN TRAIN 2-5pm INDOOR Cornhole		1pm Art with MaryLu				Funded in part by a grant from the Ocean County Board of Commissioners
	2-5pm INDOOR Cornhole						
26	NO Zumba or Toning	27 NO Amped Up Aerobics	28 NO Zumba or Toning	29 NO Dance Party	30 NO LINE DANCING UNTIL SEPT 6		NEW TUESDAY NIGHT CONCERTS
	11am Functional Fitness	9:30am Jazzercise 11am Functional Fitness	11am Sit n Be Fit	NO Bands Balls & Bells 9:30am Jazzercise			630pm at Corliss Park 182 Wells Mills Rd BRING YOUR CHAIRS
	12 pm Congregate Meal \$2 donation requested	12pm BINGO with Seacrest Village & meal	10:30am Art with MaryLu				
	12 GC Bingo Right at Home	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation				AUG 13 JOEY D'S ROCKIN OLDIES BAND ***LOCATION IS WARETOWN PARK N PIER*** AUG 27 THE SKY'S THE LIMIT BAND
		12pm MahJong	1215 OCHD Diabetes Program				
	1pm DOMINOES / MEXICAN TRAIN 6pm Gentle Stretching Yoga		1pm Art with MaryLu				NO LINEDANCING THIS MONTH Classes will resume in September Theresa Brown will be on vacation August 19- September 4th
	2-5pm INDOOR Cornhole						NO ZUMBA - TONING- AMPED UP AEROBICS - DANCE PARTY OR BANDS BALLS & BELLS - AUGUST 19-SEPT. 4TH