

November Activities

Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Thursday by 10am for Monday and on Tuesday by 10am for Wednesday, the meals must be eaten on site. \$2 donation requested

To register for these programs Contact Jeanne Broadbent
609-548-6319(Cell) or email recreation@twpoceannj.gov

Wellness Speaker Programs / Activities offered after every meal

- Nov 4 Beacon of Life GC Bingo
- Nov 5 Bratton Law meal and GC Bingo
- Nov 6 Nutritionist Jennifer Collins
- Nov 11 CLOSED
- Nov 12 Bingo with Tallwoods (2nd Tues)
- Nov 13 Home Instead GC Bingo
- **Nov 18 SENIOR ADVISORY MEETING "Brain Alliance Kim Myers topic Fall Prevention**
- **OC Board of Social Services is on site at 12pm**
- **Fulfill of Monmouth/Ocean Mobile Food Pantry 12pm**
- Nov 19 Bingo with Barnegat Rehab (3rd Tues)
- Nov 20 Bingo with Seacrest Village (4th Tues)
- Nov 25 Bingo with Right at Home
- Nov 26 Bingo with Seacrest Village
- Nov 27



FULLFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month at NOON . ******(Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12PM

- NOV _____ Weight loss – Nutrition support group 930am