

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
1	830 Zumba	NO Amped Up Aerobics	830 Zumba	HOLIDAY OFFICES CLOSED	NO Line Dancing		July 2024 Waretown Older Adult Calendar of Activities
	915 Toning	930am Jazzercise	915 Toning	NO CLASSES			Waretown Community Café - Congregate Meal Schedule
	11am Sit n Be Fit	11am Functional Fitness	11am Sit n Be Fit				Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
	1130 LINE DANCING	12pm Lunch & GC BINGO	10:30am Art with MaryLu				Contact person: Jeanne Broadbent 609-548-6319
	12 pm Congregate Meal \$2donation	12 Lunch provided by Fulfill	12pm Congregate Meal \$2donation				email recreation@twpoceannj.gov
	12 Beacon of Life GC Bingo	12pm MahJong	1215 GC Bingo				Website: www.twpoceannj.gov
	1pm DOMINOES / MEXICAN TRAIN		1pm Cards				
	5pm All Levels Yoga						
8	NO Zumba - TONING	NO Amped Up Aerobics	NO Zumba - TONING	NO - Dance Party	NO Line Dancing		Congregate Meals served every Monday & Wednesday
	915 Toning	930am Jazzercise		NO - Bands Balls & Bells			Please arrive by 11:45pm
	11am Sit n Be Fit	11am Functional Fitness		9:30am Jazzercise			You must RSVP your intent to attend by 10am the day before
		12pm GC BINGO & LUNCH w/ TALLWOODS	10:30am Art with MaryLu				FRIDAY for Monday / TUESDAY for Wednesday
	12 pm Congregate Meal \$2donation	12pm Lunch provided by Fulfill	11am Sit n Be Fit				12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 donation suggested
	1215 Nutritionist Jenn Collins	12pm MahJong	12pm Congregate Meal \$2donation				RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
	1pm DOMINOES / MEXICAN TRAIN		1230 pm GC Bingo with HVI				
	2-5pm INDOOR Cornhole						
	5pm All Levels Yoga						Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
							Every Tuesday
15							
	830 Zumba	8:30am Amped Up Aerobics	830 Zumba	8:30am Dance Party	Line Dancing 11:30am		You must RSVP your intent to attend by 10am on Monday
	915 Toning	9:30am Jazzercise	915 Toning	9:15am Bands Balls & Bells			NO same day meal drop ins accepted
	NO Line Dancing	11am Functional Fitness	11am Sit n Be Fit	9:30am Jazzercise			
	12 pm Congregate Meal \$2donation	12pm Pizza & BINGO w/ Barnegat Rehab	10:30am Art with MaryLu				RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	12 OC Social Services		12pm Congregate Meal \$2 donation				
	12pm MOBILE FOOD PANTRY NOON	12 Lunch provided by Fulfill	12 GC Bingo with Seacrest Village				
	GC Bingo with Tallwoods						
	1pm DOMINOES / MEXICAN TRAIN						
	5pm All Levels Yoga						
	2-5pm INDOOR Cornhole						JULY SPEAKER'S
	5pm All Levels Yoga						July 8 Nutrionist 12:15pm
22	830 Zumba	8:30am Amped Up Aerobics	830 Zumba	8:30am Dance Party	Line Dancing 11:30am		July 29 OCHD Heart Health 12:15pm
	915 Toning	9:30am Jazzercise	915 Toning	9:15am Bands Balls & Bells			
	11am Sit n Be Fit	11am Functional Fitness	11am Sit n Be Fit	9:30am Jazzercise			
	NO LINE DANCE	12pm Pizza w& BINGO with Aspen Dental	10:30am Art with MaryLu				ATTENTION: THESE PROGRAMS ARE SPONSORED IN PART BY GRANTS FROM
	12 pm Congregate Meal \$2 donation requested	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation				
	12 GC Bingo	12pm MahJong	GC Bingo with Bratton Law				TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE
	1pm DOMINOES / MEXICAN TRAIN						
	2-5pm INDOOR Cornhole						Funded in part by a grant from the Ocean County Board of Commissioners
	5pm All Levels Yoga						NEW TUESDAY NIGHT CONCERTS
							630pm at Corliss Park 182 Wells Mills Rd
							BRING YOUR CHAIRS
29	830 Zumba	8:30am Amped Up Aerobics	830 Zumba				JULY 2 TOMMY SMOOTH & Co. (RAIN DATE THE 9TH)
	915 Toning	9:30am Jazzercise	915 Toning				JULY 16 LENAHAWKIN (RAIN DATE THE 23RD)
	11am Sit n Be Fit	11am Functional Fitness	11am Sit n Be Fit				JULY 30 STRICTLY 60'S (RAIN DATE AUG. 6TH)
	NO LINE DANCE	12pm Pizza w& BINGO with Beacon of Life	10:30am Art with MaryLu				
	12 pm Congregate Meal \$2 donation requested	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation				AUG 13 JOEY D'S ROCKIN OLDIES BAND
	1215 OCHD Heart Health	12pm MahJong	GC Bingo with the Residence at Stafford				***LOCATION IS WARETOWN PARK N PIER***
							AUG 20 ALEXA TABBACCHINO