

December Activities

Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Thursday by 10am for Monday and on Tuesday by 10am for Wednesday, the meals must be eaten on site. \$2 donation requested

To register for these programs Contact Jeanne Broadbent
609-548-6319(Cell) or email recreation@twpoceannj.gov

Wellness Speaker Programs / Activities offered after every meal

- Dec 2 Nutritionist Jennifer Collins
- Dec 3 Seaview Orthopedics Lunch n learn with GC Bingo to follow
- Dec 4 Bratton Law meal and GC Bingo
- Dec 9 SENIOR ADVISORY HOLIDAY LUNCHEON and Holiday Singers Pre-registration required (\$2 suggested donation) Desserts by Seacrest Village
- Dec 10 Bingo with Tallwoods (2nd Tues)
- Dec 11 Braven Health - Vinnie
- **Dec 16 OC Board of Social Services is on site at 12pm**
- **Fulfill of Monmouth/Ocean Mobile Food Pantry 12pm**
- Dec 17 Bingo with Barnegat Rehab (3rd Tues)
- Dec 18 Bingo with Seacrest Village (4th Tues)
- Dec 23 Bingo with Right at Home
- Dec 24 CLOSED
- Dec 25 CLOSED
- Dec 30
- Dec 31
- Jan 1 CLOSED



FULLFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month at NOON. ** (Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12PM

- Dec _____ Weight loss – Nutrition support group 930am