## **August Activities**

## Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday the meals must be eaten on site. \$2 donation requested

## Wellness Speaker Programs / Activities offered after every meal August

- Aug 5 Beacon of Life GC Bingo after meal (1<sup>st</sup> Mon)
- Aug 6 Hot Dogs n fixin BINGO
- Aug 7 Bingo with Bratton Law
- Aug 12 Nutritionist Jennifer Collins
- Aug 13 Bingo with Tallwoods (2<sup>nd</sup> Tues)
- Aug 14 Bingo with Brielle Ortho
- Aug 19 OC Social Services 12pm
- Aug 19 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm
- Aug 20 Bingo with Barnegat Rehab (3<sup>rd</sup> Tues)
- Aug 21 Bingo with Seacrest Village (3<sup>rd</sup> Wed)
- Aug 27 Bingo with Seacrest Village (4<sup>th</sup> Tues)
- Aug 26 Bingo with Right at Home
- Aug 28 OCHD Diabetes Program







## <u>Lunch & BINGO – 12pm TUESDAYS</u> <u>Fulfill of Monmouth & Ocean Counties</u>

Fulfill provides box lunches eaten in or take home \$2 donation requested

Please <u>RSVP</u> your attendance 2 days prior to the program, so that enough food can be ordered <u>FULFILL</u> of <u>MONMOUTH & OCEAN MOBILE FOOD PANTRY</u>

Will be at the center on the 3<sup>rd</sup> Monday of each month12-1pm. \*\*(Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3<sup>RD</sup> MONDAY OF EACH MONTH 12PM

To register for these programs Contact Jeanne Broadbent 609-548-6319(Cell) or email recreation@twpoceannj.gov