


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
3	*NO ZUMBA* *NO TONING*	** ELECTION DAY**	8:30 am Zumba	8:30 am Dance Party	Line Dancing 11:30 am		JUNE 2024 Waretown Older Adult Calendar of Activities
	NO LINE DANCING *NO YOGA*	NO EXERCISE CLASSES	9:15 am Toning	9:15 am Bands Balls & Bells			Waretown Community Café - Congregate Meal Schedule
	11:00 am Sit n Be Fit	11:00 am Functional Fitness	11:00 am Sit n Be Fit	9:30 am Jazzercise			Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
	12:00 pm Congregate Meal \$2 donation	12:00 pm Pizza & GC Bingo w/ Seacrest Village	10:30 am Art with MaryLu				Contact person: Jeanne Broadbent (609) 548-6319
	12:00 pm Beacon of Life GC Bingo	12:00 pm Lunch provided by Fulfill	12:00 pm Congregate Meal \$2 donation				email recreation@twpoceannj.gov
	1:00 pm Dominoes/Mexican Train	12:00 pm MahJong	12:15 pm Faragi Group GC Bingo				Website: www.twpoceannj.gov
			1:00 pm Cards				 Funded in part by a grant from the Ocean County Board of Commissioners
10	8:30 am Zumba	8:30 am Amped Up Aerobics	8:30 am Zumba	8:30 am Dance Party	Line Dancing 11:30 am		Congregate Meals served every Monday & Wednesday
	9:15 am Toning	9:30 am Jazzercise	9:15 am Toning	9:15 am Bands Balls & Bells			Please arrive by 11:45 am
	11:00 am Sit n Be Fit	11:00 am Functional Fitness		9:30 am Jazzercise			You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday
	11:30 am LINE DANCING	12:00 pm GC Bingo & Lunch w/ Tallwoods	10:30 am Art with MaryLu				12:00 pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 donation suggested
	12:00 pm Congregate Meal \$2 donation	12:00 pm Lunch provided by Fulfill	11:00 am Sit n Be Fit				
	12:15 pm Nutritionist Jenn Collins	12:00 pm MahJong	12:00 pm Congregate Meal \$2 donation				
	1pm DOMINOES / MEXICAN TRAIN		12:30 pm GC Bingo with Brielle Orthopedic				RSVP by Email recreation@twpoceannj.gov call Jeanne (609) 548-6319
	2:00 - 5:00 pm INDOOR Cornhole						
	5:00 pm All Levels Yoga						Fulfill of Monmouth Ocean Boxed Lunch served at 12:00 pm Every Tuesday
17	8:30 am Zumba	8:30 am Amped Up Aerobics	8:30 am Zumba	8:30 am Dance Party	Line Dancing 11:30 am		You must RSVP your intent to attend by 10:00 am on Monday NO same day meal drop ins accepted
	9:15 am Toning	9:30 am Jazzercise	9:15 am Toning	9:15 am Bands Balls & Bells			
	11:30 am LINE DANCING	11:00 am Functional Fitness	11:00 am Sit n Be Fit	9:30 am Jazzercise			
	10:30 am Senior Advisory Horizon Blue Wellness Challenge	12:00 pm Pizza & Bingo w/ Barnegat Rehab	10:30 am Art with MaryLu				RSVP by Email recreation@twpoceannj.gov or call Jeanne (609) 548-6319
	12:00 pm Congregate Meal \$2 donation	12:00 pm Lunch provided by Fulfill	12:00 pm Congregate Meal \$2 donation				
	12:00 pm OC Social Services		12:00 pm GC Bingo with Seacrest Village				
	12:00 pm MOBILE FOOD PANTRY NOON						
	1:00 pm Dominoes/Mexican Train						
	5:00 pm All Levels Yoga						JUNE SPEAKER'S
	2:00 - 5:00 pm INDOOR Cornhole						June 5 The Faragi Group Retirement Solutions 12:15 pm
24	8:30 am Zumba	8:30 am Amped Up Aerobics	8:30 am Zumba	8:30 am Dance Party	Line Dancing 11:30 am		June 10 Nutritionist 12:15 pm
	9:15 am Toning	9:30 am Jazzercise	9:15 am Toning	9:15 am Bands Balls & Bells			June 17 Horizon Blue Wellness Challenge 10:30 am
	11:00 am Sit n Be Fit	11:00 am Functional Fitness	11:00 am Sit n Be Fit	9:30 am Jazzercise			
	* NO LINE DANCING *	12:00 pm Pizza & BINGO w/ Aspen Dental	10:30 am Art with MaryLu				ATTENTION: THESE PROGRAMS ARE SPONSORED IN PART BY GRANTS FROM
	12:00 pm Congregate Meal \$2 donation	12:00 pm Lunch provided by Fulfill	12:00 pm Congregate Meal \$2 donation			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE	 TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE
	12:00 pm Right at Home GC Bingo	12:00 pm MahJong	12:15 pm NJNG Test Your Energy IQ			 Alliance to Prevent Alcoholism and Drug Abuse	 Funded in part by a grant from the Ocean County Board of Commissioners
	1:00 pm DOMINOES / MEXICAN TRAIN						
	2:00 - 5:00 pm INDOOR Cornhole						
	5:00 pm All Levels Yoga						
							3RD MONDAY OF THE MONTH:
							FULFILL MOBILE FOODS PANTRY 12PM (BRING YOUR OWN BAGS) OCEANCOUNTY SOCIAL SERVICES TO YOU VAN 12-2PM