

May -June Activities

Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday The meals must be eaten on site. \$2 donation requested

Wellness Speaker Programs / Activities offered after every meal

May

- May 1 Horizon Blue Educational program with Vinnie Brain Games
- May 6 Beacon of Life GC Bingo after meal (1st Mon)
- May 7 Right at Home GC Bingo & Meal
- May 8 Bingo with Health Village Imaging
- May 13 OCHD Osteoporosis Educational program 12:20pm
- **May 13 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm**
- May 14 Bingo with Tallwoods (2nd Tues)
- May 15 OTPD Scam Prevention Presentation
- **May 20 OC Social Services 12-2pm**
- **May 20 Ocean County Senior Services**
- May 21 Bingo with Barnegat Rehab (3rd Tues)
- May 22 Nutritionist Jennifer Collins
- May 27 OFFICES CLOSED
- May 28 Bingo with Aspen Dental (4th Tues)
- May 29 Celebrate Older American's Month with an ALL day Lunch n Learn with Seacrest Village (YOU MUST Pre-Register)
 1. 930am Coffee n Conversation
 2. 10am Dr. Mira Ahuja "the importance of Socialization & Self Care
 3. 11am Ask Anne – Q & A with Bratton Elder Law
 4. 11:45 Lunch - compliments of Seacrest Rehabilitation
 5. 12:30 Games – The Price is Right with Jackie

June

- June 3 Beacon of Life GC Bingo after meal (1st Mon)
- June 4 Seaview Ortho GC Bingo & Pizza
- June 5 Bingo with the Faragi Group
- June 10 Nutritionist Jennifer Collins
- June 11 Bingo with Tallwoods (2nd Tues)
- June 12 Bingo with Brielle Ortho
- June 17 Horizon Blue Educational program with Vinnie
- **June 17 OC Social Services 12pm**
- **June 17 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm**
- June 18 Bingo with Barnegat Rehab (3rd Tues)
- June 19 Bingo with Seacrest Village (3rd Wed)
- June 24 Bingo with Bernie Right at Home (4th Mon)
- June 25 Bingo with Aspen Dental (4th Tues)
- **June 26 NJNG Test Your Energy IQ Program**



Lunch & Pizza BINGO – 12pm TUESDAYS Fulfill of Monmouth & Ocean Counties

Fulfill provides box lunches eaten in or take home \$2 donation requested

Please **RSVP** your attendance 2 days prior to the program, so that enough food can be ordered

The following businesses will provide the prizes & Gift Cards at Bingo every month

- **1st TUESDAY hot meal**
- **2nd TUESDAY Tallwoods (hot meal)**
- **3rd TUESDAY Barnegat Rehab & Nursing (& PIZZA)**
- **4th TUESDAY Aspen Dental (& PIZZA)**
- **5th TUESDAY Beacon of Life (& PIZZA)**

FULFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month 12-1pm. ** (Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12PM

To register for these programs Contact Jeanne Broadbent 609-548-6319(Cell) or email recreation@twpoceannj.gov

