#### May -June Activities

## **Congregate Meals Program through a grant from OCSS**

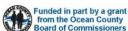
Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday The meals must be eaten on site. \$2 donation requested

# Wellness Speaker Programs / Activities offered after every meal May

- May 1 Horizon Blue Educational program with Vinnie Brain Games
- May 6 Beacon of Life GC Bingo after meal (1st Mon)
- May 7 Right at Home GC Bingo & Meal
- May 8 Bingo with Health Village Imaging
- May 13 OCHD Osteoporosis Educational program 12:20pm
- May 13 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm
- May 14 Bingo with Tallwoods (2<sup>nd</sup> Tues)
- May 15 OTPD Scam Prevention Presentation
- May 20 OC Social Services 12-2pm
- May 20 Ocean County Senior Services
- May 21 Bingo with Barnegat Rehab (3<sup>rd</sup> Tues)
- May 22 Nutritionist Jennifer Collins
- May 27 OFFICES CLOSED
- May 28 Bingo with Aspen Dental (4<sup>th</sup> Tues)
- May 29 Celebrate Older American's Month with an ALL day Lunch n Learn with Seacrest Village (YOU MUST Pre-Register)
  - 1. 930am Coffee n Conversation
  - 2. 10am Dr. Mira Ahuja "the importance of Socialization & Self Care
  - 3. 11am Ask Anne Q & A with Bratton Elder Law
  - 4. 11:45 Lunch compliments of Seacrest Rehabilitation
  - 5. 12:30 Games The Price is Right with Jackie

#### June

- June 3 Beacon of Life GC Bingo after meal (1st Mon)
- June 4 Seaview Ortho GC Bingo & Pizza
- June 5 Bingo with the Faragi Group
- June 10 Nutritionist Jennifer Collins
- June 11 Bingo with Tallwoods (2<sup>nd</sup> Tues)
- June 12 Bingo with Brielle Ortho
- June 17 Horizon Blue Educational program with Vinnie
- June 17 OC Social Services 12pm
- June 17 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm
- June 18 Bingo with Barnegat Rehab (3<sup>rd</sup> Tues)
- June 19 Bingo with Seacrest Village (3<sup>rd</sup> Wed)
- June 24 Bingo with Bernie Right at Home (4<sup>th</sup> Mon)
- June 25 Bingo with Aspen Dental (4<sup>th</sup> Tues)
- June 26 NJNG Test Your Energy IQ Program







### Lunch & Pizza BINGO – 12pm TUESDAYS Fulfill of Monmouth & Ocean Counties

Fulfill provides box lunches eaten in or take home \$2 donation requested

Please **RSVP** your attendance 2 days prior to the program, so that enough food can be ordered

The following businesses will provide the prizes & Gift Cards at Bingo every month

- 1st TUESDAY hot meal
- 2<sup>nd</sup> TUESDAY Tallwoods (hot meal)
- 3<sup>rd</sup> TUESDAY Barnegat Rehab & Nursing (& PIZZA)
- 4<sup>th</sup> TUESDAY Aspen Dental (& PIZZA)
- 5<sup>th</sup> TUESDAY Beacon of Life (& PIZZA)

# FULFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3<sup>rd</sup> Monday of each month12-1pm. \*\*(Subject to change by Fulfill – call Jeanne to confirm date)

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3<sup>RD</sup> MONDAY OF EACH MONTH 12PM

To register for these programs Contact Jeanne Broadbent 609-548-6319(Cell) or email recreation@twpoceannj.gov

