	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday / Sunday	Announcements
						1	8:30am Dance Party	2				February 2024 Waretown Older Adult Calendar of Activities
							9:15am Bands Balls & Bells					Waretown Community Café - Congregate Meal Schedule
							9:30am Jazzercise					Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
							12:30-4:30pm Mahjong club		Line Dancing 11:30am			Contact person: Jeanne Broadbent 609-548-6319
												email recreation@twpoceannj.gov
												Website: www.twpoceannj.gov
									RSVP by 10am for MONDAYS			Funded in part by a grant from the Ocean County Board of Commissioners
									Congregate meal			
5	830 Zumba	6	8:30am Amped Up Aerobics	7	830 Zumba	8	8:30am Dance Party	9	NO LINE DANCING			Congregate Meals served every Monday & Wednesday
	915 Toning		930am Jazzercise		915 Toning		9:15am Bands Balls & Bells					Please arrive by 11:45pm
	11am Sit n Be Fit		11am Sit n Be Fit		11am Sit n Be Fit		9:30am Jazzercise					You must RSVP your intent to attend by 10am the day before
	1130 LINE DANCING				10:30am Art with MaryLu		12:30-4:30pm Mahjong club					FRIDAY for Monday / TUESDAY for Wednesday
	12 pm Congregate Meal $2donation		12 Lunch provided by Fulfill		12pm Congregate Meal $2donation							12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted $2 donation suggested
	12 Jennifer Collins Nutrtionist		12pm MahJong									
	1pm DOMINOES / MEXICAN TRAIN		10am Must let Jeanne know if you want a meal tomorrow		1pm Cards							RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
	6pm Gentle Stretching Yoga		4pm Gentle Stretching Yoga						Congregate meal			
12	830 Zumba	13	8:30am Amped Up Aerobics	14	830 Zumba	15	8:30am Dance Party	16	Line Dancing 11:30am			Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
	915 Toning				915 Toning		9:15am Bands Balls & Bells					Every Tuesday
	11am Sit n Be Fit						9:30am Jazzercise					
	1130 LINE DANCING		930am Jazzercise		10:30am Art with MaryLu		12:30-4:30pm Mahjong club					You must RSVP your intent to attend by 10am on Monday
	12 pm Congregate Meal $2donation		11am Sit n Be Fit		11am Sit n Be Fit				Call Jeanne to reserve			NO same day meal drop ins accepted
	12 Beacon of Life GC Bingo		12pm GC BINGO & LUNCH w/ TALLWOODS		12pm Congregate Meal $2donation				your space			
	1pm DOMINOES / MEXICAN TRAIN		12pm Lunch provided by Fulfill		1230 pm GC Bingo with Brielle Orthopedics							RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	10am Must let Jeanne know if you want a meal tomorrow		12pm MahJong						RSVP by 10am for MONDAYS			
	MOBILE FOOD PANTRY NOON				1pm Cards				Congregate meal			HOLIDAY CHANGE for February Fulfill brings its' MOBILE FOOD PANTRY on the12th - 12pm
	6pm Gentle Stretching Yoga		10am Must let Jeanne know if you want a meal tomorrow									
	10am Must let Jeanne know if you want a meal tomorrow		4pm Gentle Stretching Yoga									
19		20	8:30am Amped Up Aerobics	21	830 Zumba	22	8:30am Dance Party	23	Line Dancing 11:30am			FEBRUARY SPEAKER'S
			9:30am Jazzercise		915 Toning		9:15am Bands Balls & Bells					Senior Advisory Feb 12th Fran Pannella Silverwoods
			11am Sit n Be Fit		11am Sit n Be Fit		9:30am Jazzercise					Feb 5th Jennifer Collins, Nutrtionist
			12pm Pizza & BINGO w/ Barnegat Rehab		10:30am Art with MaryLu		12:30-4:30pm Mahjong club		RSVP by 10am for MONDAYS			
	TOWNSHIP CLOSED				12pm Congregate Meal $2 donation				Congregate meal			
			12 Lunch provided by Fulfill		1230 SEACREST BINGO							
			12pm MahJong									
			4pm Gentle Stretching Yoga		1pm Cards							
	10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow									
26	830 Zumba	27	8:30am Amped Up Aerobics	28	830 Zumba	29	8:30am Dance Party					
	915 Toning		9:30am Jazzercise		915 Toning		9:15am Bands Balls & Bells					
	11am Sit n Be Fit		11am Sit n Be Fit		11am Sit n Be Fit		9:30am Jazzercise					ATTENTION:
	NO LINE DANCING				1230 Bratton Law GC BINGO		12:30-4:30pm Mahjong club					
	12 pm Congregate Meal $2 donation requested		12pm Pizza w& BINGO with Aspen Dental		12pm Congregate Meal $2donation		1130am LUNCH n LEARN with Dr. Fetchenson, Seaview Orthopedics		TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE			
	1030am SENIOR ADVISORY Fran Pannella, Silverwoods				1230 Bingo with Bratton Law		Joint & Hip Dr. Pre-registrsation required					
			12pm MahJong		1pm Cards							
	1pm DOMINOES / MEXICAN TRAIN				10:30am Art with MaryLu							
	10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow						Funded in part by a grant from GCADA			
	6pm Gentle Stretching Yoga		4pm Gentle Stretching Yoga									