



# Inviting You to Join and Enjoy GENTLE MOVING AND STRETCHING

Instructor Rebecca  
Tuesdays 4:00-5:00 pm  
Waretown Community Center  
239 11<sup>th</sup> Street

This Series Begins Tuesday, September 19<sup>th</sup> to November 28<sup>th</sup>  
**NO CLASS** October 10<sup>th</sup> and November 7<sup>th</sup>

9 Tuesdays for \$90  
or  
Drop-Ins are Welcome for \$12 per class

**Please pre-register if possible and bring a yoga mat. Blocks and Straps are provided.**  
Bring payment to first class or Send payment and registration form to:

Township of Ocean  
50 Railroad Ave.  
Waretown, NJ 08758  
Make checks payable to O. T. Recreation

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September-December 2023 at Waretown Community Center

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Cell #: \_\_\_\_\_

9 Classes: \_\_\_\_\_ \$ 90      Drop In: \$12-payable at class

Total Enclosed: \$ \_\_\_\_\_

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609-693-5407