

## Township of Ocean Recreation Dept. & Ocean Township School District Working Together for our Future



## Inviting You to Join and Enjoy GENTLE MOVING AND STRETCHING YOGA

## Instructor Rebecca

Monday's 6-7 pm Tuesday's 4-5pm Waretown Community Center 239 11<sup>th</sup> St (GPS Barnegat)

This series begins January 22 & 23 to March 25 & 26 NO CLASSES Feb 19/20 or March 11/12
Pricing:
8 Monday's or 8 Tuesday's \$80
All 16 Classes \$144

Or

Drop –in anytime \$13 per class

Please pre-register if possible and bring a yoga mat. Blocks and straps will be provided Bring payment to the first class or Send payment and registration form to:

Township of Ocean c/o Recreation Yoga Class
50 Railroad Ave.

Waretown, NJ 08758

Make checks payable to O. T. Recreation

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Jan-March 2024 Yoga in Community Center

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recreation@twpoceannj.gov

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