March – April Activities **Congregate Meals Program through a grant from OCSS**

Every Monday and Wednesday 12pm RSVP needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday The meals must be eaten on site. \$2 donation requested

- Wellness Speaker Programs / Activities offered after every meal Mar 11 Beacon of Life GC Bingo after meal (2nd Mon)
 - Mar 12 Bingo with Tallwoods
 - Mar 13 Bingo with Health Village Imaging after meal
 - Mar 18 Senior Advisory Meeting 10:30am Dr. Hagen
 - Mar 18 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm
 - **Mar 18**
 - Mar 19 Bingo with Barnegat Rehab
 - Mar 20 Seacrest Village Holiday Bingo (3rd Wed)
 - Mar 25 Bingo with Right at Home Senior Care
 - Mar 26 Bingo with Aspen Dental
 - Mar 27 NJNG Energy Lingo Carolyn Gatton

APRIL

- April 1 Beacon of Life GC Bingo after meal (1st Mon)
- April 2 Seaview Orthopedic Pizza N GC Bingo
- April 3 TBD
- April 8 Nutritionist Jennifer Collins (2nd Mon)
- April 9 Bingo with Tallwoods (2nd Tues)
- April 10 Brielle Bingo
- April 15 Horizon Blue Educational program with Vinnie STRESS
- April 15 Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm
- April 15 OC Social Services 12-2pm
- April 16 Bingo with Barnegat Rehab (3rd Tues)
- April 17 Seacrest Village Holiday Bingo (3rd Wed)
- April 22 Bingo with Right at Home Senior Care (4th Mon)
- April 23 Bingo with Aspen Dental (4th Tues)
- April 24 TBD
- April 29 OCHD Topic Mold
- April 30 Beacon of Life Pizza & GC Bingo (5th Tues)







Lunch & Pizza BINGO – 12pm TUESDAYS **Fulfill of Monmouth & Ocean Counties**

Fulfill provides box lunches eaten in or take home \$2 donation requested Please RSVP your attendance 2 days prior to the program, so that enough food can be ordered The following businesses will provide the prizes & Gift Cards at Bingo every month

- 1st TUESDAY hot meal
- 2nd TUESDAY Tallwoods (hot meal)
- 3rd TUESDAY Barnegat Rehab & Nursing (& PIZZA)
- 4th TUESDAY Aspen Dental (& PIZZA)
- 5th TUESDAY Beacon of Life (& PIZZA)

FULFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month12-1pm.

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12-2PM BEGINNING MARCH 18TH



