| Monday | Tuesday | Wednesday | | Thursday | | Friday | Saturday / Sunday | Announcements |
|---|--|-------------------------------------|----|-------------------------------|----------|---|-------------------|---|
| 1 830 Zumba | 2 8:30am Amped Up Aerobics 3 | 830 Zumba | 4 | 8:30am Dance Party | 5 | Line Dancing 11:30am | | April 2024 Waretown Older Adult Calendar of Activities |
| 915 Toning | 930am Jazzercise | 915 Toning | | 9:15am Bands Balls & Bells | | | | Waretown Community Café - Congregate Meal Schedule Engel Sprague Senior Center - 239 11th St Waretown |
| 11am Sit n Be Fit | 11am Sit n Be Fit | 11am Sit n Be Fit | | 9:30am Jazzercise | | | | (GPS Barnegat) |
| 1130 LINE DANCING | | 10:30am Art with MaryLu | | 12:30-4:30pm Mahjong club | | | | Contact person: Jeanne Broadbent 609-548-6319 |
| 12 pm Congregate Meal \$2donation | | 12pm Congregate Meal \$2donation | | | | | | email recreation@twpoceannj.gov |
| 12 Beacon of Life GC Bingo | 12pm MahJong | | | | | | | Website: www.twpoceannj.gov Funded in part by a grant from the Ocean County Board of Commissioners |
| 1pm DOMINOES / MEXICAN TRAIN Company | 4pm Gentle Stretching Yoga | 1pm Cards | | Zuna Mana Canda | | | | Board of Commissioners |
| 6pm Gentle Stretching Yoga | 7pm Mens' Cards O 2.20 m Amenad I In Aprobias 10 | 020 7b.a | 11 | 7pm Mens Cards | 12 | Line Deneine 11.20em | | Congregate Meals served every Manday & Wednesday |
| 8 830 Zumba | | 830 Zumba | 11 | 8:30am Dance Party | 12 | Line Dancing 11:30am | | Congregate Meals served every Monday & Wednesday Places arrive by 11:45pm |
| 915 Toning 11 am Sit n Do Sit | 930am Jazzercise | 915 Toning | | 9:15am Bands Balls & Bells | | | | Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before |
| 11am Sit n Be Fit 930-1130 OCHD Living Healthy in Ocean | 11am Sit n Be Fit 12pm GC BINGO & LUNCH | | | 9:30am Jazzercise | | | | Tou must kove your intent to attend by Toam the day before |
| County free program - | w/ TALLWOODS | 10:30am Art with MaryLu | | 12:30-4:30pm Mahjong club | | | | FRIDAY for Monday / TUESDAY for Wednesday |
| County fied programs | W/ TALLWOODS | TO.SOAIII AIL WILII IVIAI YLA | | TZ.30-T.30pill Wiailjong Club | | | | 12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to |
| 1130 LINE DANCING | 12pm Lunch provided by Fulfill | 11am Sit n Be Fit | | | | | | attend meals on Monday's - no same day drop ins accepted \$2 donation suggested |
| | Lepin Editor provided by Familia | | | | | | | |
| 12 pm Congregate Meal \$2donation | 12pm MahJong | 12pm Congregate Meal \$2donation | | | | | | |
| | | | | | | | | RSVP by Email recreation@twpoceannj.gov |
| 12 Jennifer Collins Nutrtionist | | 1230 pm GC Bingo with Brielle Ortho | | | | | | call Jeanne 609-548-6319 |
| 1pm DOMINOES / MEXICAN TRAIN | 4pm Gentle Stretching Yoga | | | | | | | |
| | | | | | | | | Fuery Tuesday |
| 12:30 HAMMER N STAIN ART PROJECT \$15 SUGGESTED DONATION | | | | | | | | Every Tuesday |
| 15 830 Zumba | 16 8:30am Amped Up Aerobics 17 | 830 Zumba | 18 | 8:30am Dance Party | 19 | Line Dancing 11:30am | | You must RSVP your intent to attend by 10am on Monday |
| 915 Toning | 9:30am Jazzercise | 915 Toning | | 9:15am Bands Balls & Bells | | | | NO same day meal drop ins accepted |
| 1030am SENIOR ADVISORY Horizon Blue STRESS | 11am Sit n Be Fit | 11am Sit n Be Fit | | 9:30am Jazzercise | | | | |
| | 12pm Pizza & BINGO | | | | | | | |
| 1130 LINE DANCING | | 10:30am Art with MaryLu | | 12:30-4:30pm Mahjong club | | | | RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319 |
| 12 pm Congregate Meal \$2donation | | 12pm Congregate Meal \$2 donation | | | | | | HOLIDAY CHANGE for February Fulfill brings its' MOBILE FOOD |
| | 12 Lunch provided by Fulfill | 1230 SEACREST BINGO | | | | | | PANTRY on the 12th - 12pm |
| 1pm DOMINOES / MEXICAN TRAIN | 12pm MahJong | | | | | | | |
| 12pm MOBILE FOOD PANTRY NOON | 4pm Gentle Stretching Yoga | 1pm Cards | | | | | | |
| 6pm Gentle Stretching Yoga | | | | | | | | APRIL SPEAKER'S |
| 7pm BUNCO | | | | | | | | |
| 6pm Gentle Stretching Yoga | | | | | | | | April 8 - Nutritionist Jennifer Collins 12:20pm |
| 22 830 Zumba | 22 8:20am Amnod IIn Aorobics 24 | 830 Zumba | 25 | 9.20am Danco Party | 26 | Line Dancing 11.20am | | |
| ZZ 850 Zumba | 23 8:30am Amped Up Aerobics 24 | osu zumba | 25 | 8:30am Dance Party | 26 | Line Dancing 11:30am | | Senior AdvisoryApril 15 Horizon Blue "STRESS" 10:30am |
| 915 Toning | 9:30am Jazzercise | 915 Toning | | 9:15am Bands Balls & Bells | | | | April 29 - OCHD "Mold" 12:20pm |
| 11am Sit n Be Fit | 11am Sit n Be Fit | 11am Sit n Be Fit | | 9:30am Jazzercise | | | | |
| NO LINE DANCING | | | | 12.20 1.20 pp | | | | ATTENTION: THESE PROGRAMS ARE |
| | | 10:30am Art with MaryLu | | 12:30-4:30pm Mahjong club | | | | |
| 12 pm Congregate Meal \$2 donation | 12nm Dizza w.S. PINICO with Acnon Dontal | 12nm Congregate Moal \$2 denation | | | T/ | OWNSHIP OF OCEAN MUNICIPAL ALLIANCE | | Funded in part by a grant |
| requested 1230 Right at Home GC BINGO | 12pm Pizza w& BINGO with Aspen Dental 12 Lunch provided by Fulfill | 12pm Congregate Meal \$2 donation | | | | it doesn't get more local | | from the Ocean County Board of Commissioners |
| 1230 Right at Home GC Billido | 12 Lunch provided by Fulling 12pm MahJong | 1pm Cards | | | | | | |
| 1pm DOMINOES / MEXICAN TRAIN | 4pm Gentle Stretching Yoga | TPIII Carus | | 7pm Mens' Cards | | Alliance to Prevent Alcoholism and Drug Abuse | | |
| TPIN DOMINACES / MILATORIA TRANS | Tpin dentie stretting roga | | | / pilitiviciis caras | | Creating nealtry & sale Communities | | |
| | | | | | | | | 3RD MONDAY OF THE MONTH: |
| | | | | | | | | FULFILL MOBILE FOOS PANTRY 12PM (BRING YOUR OWN BAGS) |
| | | | | | | | | |
| | | | | | | | | OCEANCOUNTY SOCIAL SERVICES TO YOU VAN 12-2PM |
| | | | | | | | | |
| 20 020 7b. | 20 0.20 and the Associate | | | | | | | |
| 915 Toning | 9:30am Jazzercise | | | | | | | |
| 11am Sit n Be Fit | 11am Sit n Be Fit | | | | | | | |
| 1130 LINE DANCING | 12pm Pizza & GC BINGO Beacon of Life | | | | | | | |
| 12 pm Congregate Meal \$2 donation | piii i izza & GC DiiiiGO DCaCOII GI LIIC | | | | | | | |
| requested | 12pm MahJong | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| 1220p OCHD "MOLD" | 4pm Gentle Stretching Yoga | | | | | | | 5t |
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