

February – March Activities

Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday The meals must be eaten on site. \$2 donation requested

Wellness Speaker Programs / Activities offered after every meal

- Feb 5 Nutritionist Jennifer Collins (1st Mon)
- Feb 7
- Feb 12 Beacon of Life GC Bingo after meal (2nd Mon) and **Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm**
- Feb 14 Brielle Ortho GC Bingo after meal
- Feb 19 CLOSED for the Holiday
- Feb 20 Bingo with Barnegat Rehab
- Feb 21 Seacrest Village Holiday Bingo (3rd Wed)
- Feb 26 **Senior Advisory Meeting 10:30am Fran Panella from Silverwoods**
- Feb 26 Bingo with Right at Home Senior Care
- Feb 28 Bingo with Bratton Law
- Feb 29 Lunch n Learn with Dr Fetchinson Joint-Knee-Hip and GC Bingo Bingo *** **YOU MUST PRE-REGISTER TO ENSURE AN ACCURATE FOOD COUNT**

Wellness Speaker Programs / Activities are offered after every meal

- Mar 4 Nutritionist Jennifer Collins (1st Mon)
- Mar 5
- Mar 6 Horizon Blue Educational program with Vinnie - Bullying
- Mar 11 Beacon of Life GC Bingo after meal (2nd Mon)
- Mar 12 Bingo with Tallwoods
- Mar 13 Bingo with Health Village Imaging after meal
- Mar 18 **Senior Advisory Meeting 10:30am Earth Nieves, Public Affairs Specialist Social Security Administration**
- Mar 18 **Fulfill of Monmouth/Ocean Mobile Food Pantry 12-1pm**
- **Mar 18**
- Mar 19 Bingo with Barnegat Rehab
- Mar 20 Seacrest Village Holiday Bingo (3rd Wed)
- Mar 25 Bingo with Right at Home Senior Care
- Mar 26 Bingo with Aspen Dental
- Mar 27 NJNG Energy Lingo Carolyn Gatton



Funded in part by a grant
from the Ocean County
Board of Commissioners



Lunch & Pizza BINGO – 12pm TUESDAYS Fulfill of Monmouth & Ocean Counties

Fulfill provides box lunches eaten in or take home \$2 donation requested

Please **RSVP** your attendance 2 days prior to the program, so that enough food can be ordered

The following businesses will provide the prizes & Gift Cards at Bingo every month

- **1st TUESDAY hot meal**
- **2nd TUESDAY Tallwoods (hot meal)**
- **3rd TUESDAY Barnegat Rehab & Nursing (& PIZZA)**
- **4th TUESDAY Aspen Dental (& PIZZA)**
- **5th TUESDAY Beacon of Life (& PIZZA)**

FULFILL of MONMOUTH & OCEAN MOBILE FOOD PANTRY

Will be at the center on the 3rd Monday of each month 12-1pm.

OCEAN COUNTY BRD OF SOCIAL SERVICES MOBILE UNIT WILL BE AT THE CENTER THE 3RD MONDAY OF EACH MONTH 12-2PM BEGINNING MARCH 18TH



To register for these programs Contact Jeanne Broadbent 609-548-6319(Cell) or email recreation@twpoceannj.gov