

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday	Announcements
				1			March 2024 Waretown Older Adult Calendar of Activities
							Waretown Community Café - Congregate Meal Schedule
							Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
					Line Dancing 11:30am		Contact person: Jeanne Broadbent 609-548-6319
							email recreation@twpoceannj.gov
							Website: www.twpoceannj.gov
							 Funded in part by a grant from the Ocean County Board of Commissioners
4	830 Zumba 915 Toning 11am Sit n Be Fit 1130 LINE DANCING	5 8:30am Amped Up Aerobics 930am Jazzercise 11am Sit n Be Fit 12pm Meal and Bingo with Jeanne & MaryLu	6 830 Zumba 915 Toning 11am Sit n Be Fit 10:30am Art with MaryLu	7 8:30am Dance Party 9:15am Bands Balls & Bells 9:30am Jazzercise 12:30-4:30pm Mahjong club	8 Line Dancing 11:30am		Congregate Meals served every Monday & Wednesday Please arrive by 11:45pm You must RSVP your intent to attend by 10am the day before FRIDAY for Monday / TUESDAY for Wednesday 12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted \$2 donation suggested
	12 pm Congregate Meal \$2donation	12 Lunch provided by Fulfill	12pm Congregate Meal \$2donation				
	12 Beacon of Life GC Bingo	12pm MahJong	12:15 Horizon Blue Older Adult Bullying Program				
	1pm DOMINOES / MEXICAN TRAIN 6pm Gentle Stretching Yoga	4pm Gentle Stretching Yoga 7pm Mens' Cards	1pm Cards	7pm Mens Cards			RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319
11	830 Zumba 915 Toning 11am Sit n Be Fit 930-1130 OCHD Living Healthy in Ocean County free program - 1130 LINE DANCING 12 pm Congregate Meal \$2donation	12 8:30am Amped Up Aerobics 930am Jazzercise 11am Sit n Be Fit 12pm GC BINGO & LUNCH w/ TALLWOODS 12pm Lunch provided by Fulfill 12pm MahJong	13 830 Zumba 915 Toning 10:30am Art with MaryLu 11am Sit n Be Fit 12pm Congregate Meal \$2donation 1230 pm GC Bingo withHealthy Village Imaging	14 8:30am Dance Party 9:15am Bands Balls & Bells 9:30am Jazzercise 12:30-4:30pm Mahjong club	15 Line Dancing 11:30am		Fulfill of Monmouth Ocean Boxed Lunched served at 12pm Every Tuesday You must RSVP your intent to attend by 10am on Monday NO same day meal drop ins accepted RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	12 Jennifer Collins Nutrtionist 1pm DOMINOES / MEXICAN TRAIN						
	1130 LINE DANCING	7pm Mens' Cards	1pm Cards	7pm Mens' Cards			HOLIDAY CHANGE for February Fulfill brings its' MOBILE FOOD PANTRY on the12th - 12pm
18	830 Zumba 915 Toning 1030am SENIOR ADVISORY Dr. Hagen	19 8:30am Amped Up Aerobics 9:30am Jazzercise 11am Sit n Be Fit 12pm Pizza & BINGO w/ Barnegat Rehab	20 830 Zumba 915 Toning 11am Sit n Be Fit	21 8:30am Dance Party 9:15am Bands Balls & Bells 9:30am Jazzercise	22 Line Dancing 11:30am		MARCH SPEAKER'S March 6 Horizon Blue Older Adult Bullying 12:15pm March 11 Nutritionist Jennifer Collins 12:15pm
	1130 LINE DANCING		10:30am Art with MaryLu	12:30-4:30pm Mahjong club			Senior Advisory MARCH 18th Dr Hagen 10:30am
	12 pm Congregate Meal \$2donation	12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation 1230 SEACREST BINGO				March 27 NJNG - Energy Lingo 12:15pm
	1pm DOMINOES / MEXICAN TRAIN 12pm MOBILE FOOD PANTRY NOON OC Social Services Mobile Van 12-2pm 6pm Gentle Stretching Yoga 7pm BUNCO	12pm MahJong 4pm Gentle Stretching Yoga	1pm Cards	7pm Mens' Cards			ATTENTION: THESE PROGRAMS ARE
							 Funded in part by a grant from the Ocean County Board of Commissioners
25	830 Zumba 915 Toning 11am Sit n Be Fit NO LINE DANCING	26 8:30am Amped Up Aerobics 9:30am Jazzercise 11am Sit n Be Fit	27 830 Zumba 915 Toning 11am Sit n Be Fit 10:30am Art with MaryLu	28 8:30am Dance Party 9:15am Bands Balls & Bells 9:30am Jazzercise 12:30-4:30pm Mahjong club	29 Line Dancing 11:30am		3RD MONDAY OF THE MONTH: FULFILL MOBILE FOOS PANTRY 12PM (BRING YOUR OWN BAGS) OCEANCOUNTY SOCIAL SERVICES TO YOU VAN 12-2PM
	12 pm Congregate Meal \$2 donation requested 1230 Right at Home GC BINGO	12pm Pizza w& BINGO with Aspen Dental 12 Lunch provided by Fulfill	12pm Congregate Meal \$2 donation			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE  It doesn't get more local Alliances Protect Associations and Help Alleviate County Health & Life Communities	
	1pm DOMINOES / MEXICAN TRAIN 6pm Gentle Stretching Yoga	12pm MahJong 4pm Gentle Stretching Yoga	1pm Cards NJNG Energy Lingo 12:15pm	7pm Mens' Cards		Funded in part by a grant from GCADA	