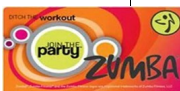


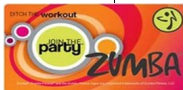









TOWNSHIP of OCEAN SENIOR EXERCISE CALENDAR
 All exercise classes are held in the Waretown Community Center 239 11th St
 all bus trips depart from this location unless otherwise noted
 For more information call Jeanne 609-548-6319
 or email recreation@twpoceanj.gov



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|--|--|
| | | | 1 Zumba Gold 9am Quilting 9a Wii 1p Cards 1p | 2 Zumba Gold 9a Sit & Be Fit 10a | 3 LINE DANCING With Theresa 9am | 4 |
| |  | | | | | |
| 5 | 6 Zumba Gold 9a Sit & Be Fit 10a | 7 Zumba Gold 9a Sit & Be Fit 10a Maj Jong 1-4pm  | 8 Zumba Gold 9am Quilting 9a Wii 1p Cards 1p  | 9 Zumba Gold 9a Sit & Be Fit 10a | 10 LINE DANCING With Theresa 9am | 11 Twp of Ocean RABIES CLINIC Cats 930a Dogs 10a Community Center |
| 12 | 13 Zumba Gold 9a Sit & Be Fit 10a  | 14 Zumba Gold 9a Sit & Be Fit 10a Maj Jong 1-4pm | 15 Zumba Gold 9am Quilting 9a Wii 1p Cards 1p | 16 Zumba Gold 9a Sit & Be Fit 10a | 17 LINE DANCING With Theresa 9am Freehold Mall Trip Call Michele 693-3302 x 221 to register  | 18 |
| 19 | 20 PRESIDENTS DAY ALL TOWNSHIP OFFICES ARE CLOSED | 21 Zumba Gold 9a Sit & Be Fit 10a Maj Jong 1-4pm | 22 Zumba Gold 9am Quilting 9a Wii 1p Cards 1p  | 23 Zumba Gold 9a Sit & Be Fit 10a | 24 LINE DANCING With Theresa 9am Mall trip to Manahawkin Shoppes call Jeanne to join | 25 |
| 26 | 27 <i>Senior Advisory</i> <i>Meeting 10am Speaker</i> <i>will be from Meridian</i> <i>Health Care—Light</i> | 28 Zumba Gold 9a Sit & Be Fit 10a Maj Jong 1-4pm  | March 17th Philadelphia Flower Show \$62pp  | April 10th Mets v Phillies \$42pp DOLLAR DOG NIGHT | June 14th  at Bucks County Playhouse \$85pp | To register for these trips you must send a |