Twp. of Ocean Municipal Alliance Senior Recreation Activities
All exercise classes are held in the Waretown Community Center 239 11th St
All bus trips depart from this location unless otherwise noted
For more information call Jeanne 609-548-6319 or email recreation@twpoceannj.gov
Silver Liners Meet Every Wednesday at 10am in the Barnegat Recreation Center—this club is open to all

BARNEGAT RECREATION SENIOR MOVIE MATINEE—WED. OCT 14TH NOON—AGE OF ADELINE BRING A LUNCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Theresa Brown teaches 3 straight classes Zumba Gold 9a Zumba Toning 945am Line Dancing 1030 Sit & Be Fit 10a Friendly Bingo 1pm	*2 Line Dancing w/ Gerry 9am*	*3*
4	5 Zumba Gold 9a Sit & Be Fit 10a 	*6 Chair Exercise 9a* Cards 9:30a ZUMBA 1230p Maj Jong 1p	7 Zumba Gold 9am **Quilting 9a** **Move Today 12** Wii 1p Cards 1p	*8* Theresa Brown teaches 3 straight classes Zumba Gold 9a Zumba Toning 945am Line Dancing 1030 Sit & Be Fit 10a Friendly Bingo 1pm	*9 Line Dancing w/ Gerry 9am* 	*10*
11	12 COLUMBUS DAY NO CLASSES TOWNSHIP CLOSED	*13 Chair Exercise 9a* Cards 9:30a ZUMBA 1230p Maj Jong 1p	14 TOWNSHIP OF OCEAN FLU CLINIC AND HEALTH SCREEN-ING 10-12 IN THE COMMUNITY CENTER	*15* Theresa Brown teaches 3 straight classes Zumba Gold 9a Zumba Toning 945am Line Dancing 1030 Sit & Be Fit 10a Friendly Bingo 1pm	*16 Line Dancing w/ Gerry 9am* *Hayride 7p at the lake*	*17 HAYRIDE 7PM*
18	19 Zumba Gold 9a Sit & Be Fit 10a ***WARETOWN SENIOR MEETING ALL ARE WELCOME 10aCoffee 1 SPEAKER SEAVIEW ORTHO***	*20 Chair Exercise 9a* Cards 9:30a ZUMBA 1230p Maj Jong 1p	21 Zumba Gold 9am **Quilting 9a** **Move Today 12** Wii 1p Cards 1p	*22* Theresa Brown teaches 3 straight classes Zumba Gold 9a Zumba Toning 945am Line Dancing 1030 Sit & Be Fit 10a Friendly Bingo 1pm	*23 Line Dancing w/ Gerry 9aLine Danc-ing w/Gerry 9am* *m*	*24*
25	26 Zumba Gold 9a Sit & Be Fit 10a 	*27 Chair Exercise 9a* Cards 9:30a ZUMBA 1230p Maj Jong 1p	28 Zumba Gold 9am **Quilting 9a** **Move Today 12** Wii 1p Cards 1p **CASINO TRIP TO BOBBY RYDELL $75PP INCLUDES CARMINES, SLOT PLAY**	*29* Theresa Brown teaches 3 straight classes Zumba Gold 9a Zumba Toning 945am Line Dancing 1030 Sit & Be Fit 10a Friendly Bingo 1pm	*30 Line Dancing w/ Gerry 9aLine Danc-ing w/Gerry 9am* 	*31*