

# March 2025







Funded in part by a grant from the Ocean County Board of Commissioners

February '25						
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9	10	11	12	13	14	15
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23	24	25	26	27	28	

April '25						
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20	21	22	23	24	25	26
27	28	29	30			

## Township of Ocean Senior Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
23	24	25	26	27	28	1	
2	<b>3</b> 830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 Congregate Meal</b> 12p GC BINGO w Beacon of Life 1pm Mexican Train 5pm YOGA	<b>4</b> 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO & MEAL Seaview Ortho  1pm Mah Jong	<b>5</b> 915a Toning 1030a Art with MaryLu 12p GC BINGO w Mystic Meadows <b>12 Congregate Meal</b> 1pm Canasta	<b>6</b> 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	<b>7</b> 1130a Line Dancing  <b>TRIP to Philadelphia Flower Show</b>  	8	
<b>9</b> 	<b>10</b> 830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 Congregate Meal</b>  1pm Mexican Train 5pm YOGA	<b>11</b> 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO w Tallwoods 1pm Mah Jong	<b>12</b> 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Home Instead <b>12 Congregate Meal</b> 1pm Canasta	<b>13</b> 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	<b>14</b> 1130a Line Dancing	15	
16	<b>17</b>  830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 FOOD PANTRY</b> <b>12 Congregate Meal</b> 12p GC BINGO w HVI 5pm YOGA	<b>18</b> 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO w Barnegat Rehab  1pm Mah Jong	<b>19</b> 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Seacrest <b>12 Congregate Meal</b>  1pm Canasta	<b>20</b> 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	<b>21</b> 1130a Line Dancing	22	
23	<b>24</b> 830a Zumba 915a Toning 11a Functional Fitness <b>NO LINE DANCING</b> <b>12 Congregate Meal</b>  1pm Mexican Train 5pm YOGA	<b>25</b> 830a FOREVER YOUNG 830a Forever Young Chair Exer 930a Jazzercise 11am Functional Fitness 12p GC BINGO w 1pm Mah Jong	<b>26</b> 830a Zumba 915a Toning 1030a Art with MaryLu <b>12 Congregate Meal</b> 1215p BRAVEN HEALTH DIGITAL LIBRARY PROGRAM 1pm Canasta	<b>27</b> 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	<b>28</b> 1130a Line Dancing	<b>29</b> 	
30	<b>31</b> 830a Zumba 915a Toning 1030a Senior Advisory Meeting 1130a LINE DANCING <b>12 Congregate Meal</b> 1pm Mexican Train 5pm YOGA BINGO w Right at Home Nutritionist Jenn Collins	Congregate Meals are served Mondays and Wednesdays at 12pm \$3 Suggested Donation per meal Available to anyone 60 yrs of age or older. Must RSVP by Thurs for Monday and Monday for Wednesday TUESDAY BINGO & MEALS \$3 suggested donation - MUST CALL IN BY FRIDAY Fulfill Food Pantry will be held on 3-17 at Noon Bring your own bags <b>Senior Advisory Speaker 3-31 Pinelands Adventure Organization Topic John McPhees Book</b> <b>For more information on the programs call Jeanne 609-548-6319 or email recreation@twpoceanj.gov</b>					





# April 2025



Funded in part by a grant from the Ocean County Board of Commissioners

March '25							May '25							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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2	3	4	5	6	7	8	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	25	26	27	28	29	30	31	
30	31													

## Township of Ocean Senior Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p Shore Home Care GC BINGO & MEAL  1pm Mah Jong	2 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Mystic Meadows <b>12 Congregate Meal</b> 1pm Canasta	3 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	4 1130a Line Dancing	5
6	7 830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 Congregate Meal</b> 12p GC BINGO w Beacon of Life 1pm Mexican Train 5pm YOGA	8 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO w Tallwoods 1pm Mah Jong	9 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w HVI <b>12 Congregate Meal</b> 1pm Canasta	10 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	11 1130a Line Dancing	12
13  <b>Easter Egg Hunt 1pm</b> Corliss Park 182 Wells Mills Rd	14 830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 Congregate Meal</b> Nutrionist Jenn Collins 1pm Mexican Train 5pm YOGA	15 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO w Barnegat Rehab 1pm Mah Jong	16 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Seacrest <b>12 Congregate Meal</b> 1pm Canasta	17 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	18  <b>Town Hall Closed</b>	19
20  <b>Happy Easter</b>	21 830a Zumba 915a Toning 11a Functional Fitness 1130a Line Dancing <b>12 Congregate Meal</b> 12p GC BINGO w HVI 5pm YOGA	22 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO wBeacon of Life 1pm Mah Jong	23 830a Zumba 915a Toning 1030a Art with MaryLu <b>12 Congregate Meal</b> <b>12p GC BINGO w Seaview Ortho</b>  1pm Canasta	24 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	25 1130a Line Dancing	26
27	28 830a Zumba 915a Toning 1030a SENIOR ADVISORY MEETING <b>NO LINE DANCING</b> 12 Congregate Meal BINGO w Right at Home 1pm Mexican Train 5pm YOGA	29 830a FOREVER YOUNG  930a Jazzercise 11am Functional Fitness 12p GC BINGO wSeacrest HOT DOGS 1pm Mah Jong	30 830a Zumba 915a Toning 1030a Art with MaryLu <b>12 Congregate Meal</b> 12p GC BINGO w Residence at STAFFORD	1	2	3 TWP of OCEAN MUNICIPAL ALLIANCE  Funded in part by a grant from  Leading the Way for Healthy and Safe Communities.
4	5	Congregate Meals are served Mondays and Wednesdays at 12pm Must RSVP by Thurs for Monday and Monday for Wednesday TUESDAY BINGO & MEALS \$2 suggested donation - MUST CALL IN BY FRIDAY Fulfill Food Pantry will be held on 4-21 at Noon Bring your own bags <b>4-28 SENIOR ADVISORY SPEAKER IS RWJB Audiologist Sue Ellen Boyer</b> For more information on the programs call Jeanne 609-548-6319 or email recreation@twpoceannj.gov				